MAMMOGRAPHY

What is mammography?
Mammography is an X-ray examination of the breasts which is used for detection and diagnosis. The radiation dose acquired in the course of the examination is very low and does not have any adverse effects on your health.

Indications
- Prevention of diseases and tumours of the breast that do not present with any characteristic symptoms or complaints yet.
- Diagnostics of breast tumours.
- Patient's request, if a node is found in the breast or secretion from the nipple or long-lasting pain, etc.
- Before beginning hormone treatment.

Preparation for the examination
- On the day of the examination do not use deodorants, body powder or cream, as these affect the quality of the X-ray image.
- Dress comfortably. It is recommended to wear a skirt/pants and a blouse.
- All hanging jewellery which may remain in the studied region must be removed.
- We ask you to put long hair back or up.
- Please inform the radiographer of the existence of breast implants.
- The best time to perform the mammography is the week following menstruation, because before that your breasts may be sore and sensitive, which affects the quality of the images.

What will happen during the course of the examination?
- Two images will be made of both breasts.
- Both breasts will be put between two special mammography plates and then an image will be taken. Such a method is necessary to reveal all small tissue changes of all the breast tissue.
- If you feel pain, inform the radiographer.
- The visit and document clearance usually lasts up to 15 minutes.

Contraindications
- People under 30 years of age. Ultrasound is the primary examination.
- Relative contraindication is pregnancy, especially in the first trimester.

Results of the examination
If you have been referred to mammography by a gynaecologist or a family doctor, you will get the results from them. If you have participated in a screening mammography, the result will be sent to you within two weeks either electronically or to your home address. If you can't come to the examination at the agreed time, then please inform the Department of Radiology by phone on 44 73 561

Prepared by: Radiology department, 2016